




November 2009

BREAKFAST AND LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
<p><u>November 2</u> Professional Development Day</p>  <p>No School For Students</p>	<p><u>November 3</u> Assorted Juice Sausage Griddler</p> <hr/> <p>Chicken Fillet Sandwich Or Ham and Cheese Sandwich Tater Tots Salad Toppings Chilled Fruit Cup</p>	<p><u>November 4</u> Assorted Juice Waffle Sticks with Syrup</p> <hr/> <p>Manager's Choice Day</p>  <p>2 entrees</p>	<p><u>November 5</u> Assorted Juice Ham Biscuit</p> <hr/> <p>Chicken Rings Or Hamburger Steak with Ketchup Macaroni and Cheese Lima Beans Chilled Fruit Juice Frozen Fruit Yogurt</p>	<p><u>November 6</u> Assorted Juice Pancake on a Stick</p> <hr/> <p>Nachos with Chili and Cheese Or Sloppy Joe Corn on the Cob Garden Salad with Dressing Pineapple Tidbits</p>
<p><u>November 9</u> Assorted Juice Breakfast Pizza</p> <hr/> <p>Hot Dog with Chili Or Barbecue Sandwich Oven Fries Cole Slaw Candied Apple</p>	<p><u>November 10</u> Assorted Juice Chicken Biscuit</p> <hr/> <p>Pizza Or Meat Salad with Saltines Crispy Okra Green Beans Strawberries and Fruit</p>	<p><u>November 11</u> Assorted Juice Breakfast Bites</p> <hr/> <p>Cheeseburger Or Ham and Cheese Sandwich Seasoned Corn Pickle Cup Jello with Fruit</p>	<p><u>November 12</u> Assorted Juice Manager's Choice Day</p> <hr/> <p>Fried Chicken Or Baked Chicken School Baked Roll Mashed Potatoes Lima Beans Rosey Applesauce</p>	<p><u>November 13</u> Assorted Juice Breakfast Bagel</p> <hr/> <p>Grilled Cheese Sandwich Or Peanut Butter and Jelly Sandwich Vegetable Beef Soup with Saltines Fresh Apple School Baked Cookie</p>
<p><u>November 16</u> Assorted Juice Whole Wheat Mini Loaf Sausage Patty</p> <hr/> <p>Chicken Fajita Wrap Or Beef Teriyaki Dippers With Breadstick Baked Potato Broccoli with Cheese Frozen Fruit Bar</p>	<p><u>November 17</u> Assorted Juice Jelly Biscuit Beef Nuggets</p> <hr/> <p>Mexican Tacos Tomatoes, Lettuce Cheese And Salsa Or Deli Sandwich With Salad Toppings Seasoned Corn Fresh Fruit</p>	<p><u>November 18</u> Assorted Juice Grilled Cheese Sandwich</p> <hr/> <p>Manager's Choice Day</p>  <p>2 Entrees</p>	<p><u>November 19</u> Assorted Juice Pancake on a Stick</p> <hr/> <p>Baked Turkey with Dressing and Gravy Or Chicken Rings School Baked Roll Sweet Potatoes Green Beans Chilled Fruit Cup</p>	<p><u>November 20</u> Assorted Juice Blueberry Muffin Sausage Patty</p> <hr/> <p>Corn Dog Or Turkey and Cheese Sandwich Tater Tots Garden Salad with Dressing Chilled Pears</p>
<p><u>November 23</u> Assorted Juice Breakfast Pizza</p> <hr/> <p>Chicken Nuggets Or Fish Nuggets Cornbread Parsley Potatoes Steamed Cabbage Fresh Fruit</p>	<p><u>November 24</u> Assorted Juice Grits With Cheese And Toast</p> <hr/> <p>Italian Spaghetti With Breadstick Or Meatball Sub Garden Peas Whole Kernel Corn Chilled Peaches</p>	<p><u>November 25</u> Darlington County Schools Closed</p> 	<p><u>November 26</u> Happy Thanksgiving</p>	<p><u>November 27</u> Darlington County Schools Closed</p> 
<p><u>November 30</u> Assorted Juice Sausage Biscuit</p> <hr/> <p>Chicken Fillet Sandwich Or Ham and Cheese Sandwich Oven Baked Fries Green Beans Chilled Fruit Cup</p>	<p>In addition to the menu listed, fresh fruit or fruit juice is offered daily at lunch time in all schools as part of the lunch menu.</p>	<p>All meals served with a choice of delicious, nutritious milk!</p> <p>.....</p> <p>All schools offer a daily choice of two entrees. Secondary schools offer additional menu choices daily.</p>	 <p><u>Healthy Tip of the Month</u> Choose a variety of foods from all the food groups every day to give your body the nutrients it needs to grow and to be strong!</p>	<p>In accordance with Federal law and USDA policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write to USDA, Director, Office of Civil Rights, Room 326-W Whitten Building, 1400 Independence Avenue, SW Washington DC 20250-9410 or call 202-720-5964. USDA is an equal opportunity provider and employer.</p>

